



Going Green

10 Tips to get you started

- 1. Buy organic and local.** The chemicals used in much of modern agriculture pollute the water supply and require energy to produce. Local foods also reduce the amount of energy required to drive your products to the store.
- 2. Ride a bike.** Replace at least one car trip a week with walking, bicycling, carpooling or public transit...and YOU can decrease carbon dioxide emissions by 1,000 pounds.
- 3. Can the incandescent!** Compact fluorescent bulbs – or CFLs - use 66% less energy than incandescent bulbs, leading to less carbon dioxide emission related to energy generation. Replacing just three frequently used incandescents in your home can save \$60 a year. And, if you own a business, the savings are just as great in the workplace!
- 4. Air dry your clothes.** Line-drying clothes instead of using a dryer can save 700 pounds of carbon dioxide, and, a bonus, \$75 a year.
- 5. Check the water heater or go tankless.** Keeping a water heater thermostat at no higher than 120 degrees Fahrenheit saves money and reduces emissions. Insulating the water heater adds additional savings. Switching to a tankless water heater is even better, saving 300 pounds of carbon dioxide a year and \$390.
- 6. Pull the plug on unused appliances.** Even when a plugged-in electronic appliance is turned off, it can use energy. Play it safe and unplug them, and save more than 1,000 pounds of carbon dioxide and \$256 a year.
- 7. A degree of savings.** Adjust the thermostat two degrees up in the summer and two degrees down in the winter. This reduces carbon dioxide emissions a whopping 2,000 pounds and saves \$98 a year.
- 8. Plant a tree.** What better way to go green than by planting a tree? Trees help suck up the carbon dioxide, provide cleaner air, and save 2,000 pounds of carbon dioxide a year.
- 9. Reuse bags and containers.** Purchasing reusable bags and containers allows you to live a more sustainable, eco-friendly lifestyle by making small changes that affect the earth in a big way. Instead of having your groceries bagged at the store, bring your own reusable canvas bag. Use your own lunch containers and coffee mugs in the school or workplace.
- 10. Recycle! Recycle! Recycle!** When you recycle, YOU are reducing pollution, reducing waste, saving energy...and so much more! Bristol has recycling bins located throughout town – at schools and other municipal sites to receive your newspapers, plastics, aluminum, tin, and at some locations, glass.

For additional information,
contact Keep Bristol Beautiful:
423.989.4850. bristolchamber.org

